

Nurture

Groups



Believe You Can Achieve

**At Langlee, we are Safe,
Respectful and Ready to Learn**

Nurture

Nurture is a 'tried and tested' way of interacting with children that enables the development of vital social skills, confidence and self-esteem and ensures they are ready to learn. It encompasses a range of social factors including relationships, interactions and the environment. At Langlee Primary School we strive to ensure a whole school nurturing approach for all of our learners. We also run focused nurture groups and interventions.

Nurture Groups and Interventions

There are a wide variety of interventions in place in Langlee Primary School, including: Nurture Teacher, Lego Therapy, Forest Schools, Seasons for Growth, Drawing and Talking Therapy and the Inclusion and Wellbeing Service.

Nurture Groups - Skills

Within Nurture groups, children have the opportunity to work on a variety of skills in a small group setting, including:

- Gives purposeful attention
- Participates constructively
- Connects up experiences
- Shows insightful involvement
- Engages cognitively with peers
- Is emotionally secure
- Builds self-esteem, confidence and resilience
- Responds constructively to others

Nurture Groups - Activities

Within this, children will complete a variety of activities in groups to support the development of these skills, including:

- Circle Time - sharing and listening
- Emotion Works and Zones of Regulation
- Messy Play
- Listening games, traditional games, teamwork tasks
- Arts and crafts projects
- Puppets and role play
- Gardening and environmental activities
- Regulation activities